

Restaurants

Blue Restaurant & Bar	\$\$\$\$	Ruth's Chris Steakhouse	\$\$\$\$
Hearst Tower – Closed Sundays 206 N. College Street (704) 927-2583 Mediterranean www.bluerestaurantandbar.com		222 S. Tryon St. (704) 338-9444 www.ruthschris.com	
Capital Grille	\$\$\$\$	BLT Steak	\$\$\$\$
201 N. Tryon Street Sales and Marketing: Jill Mohler (704) 348-1400 Upscale steak, seafood, extensive wine list www.thecapitalgrille.com		110 N. College St. 28202 – closed for dinner on Sundays (704) 972-4380 www.ritzcarlton.com/en/Properties/Charlotte/Dining/BLTSteak/Default.htm	
McCormick & Schmick's Seafood	\$\$\$\$	Morton's The Steak House	\$\$\$\$
(704) 377-0201 or (888) 344-6861 200 South Tryon Street Fresh fish & seafood as well as steak & chicken. www.mccormickandschmicks.com		227 W. Trade Street, Suite 150 (704) 333-2602 Upscale, steak & seafood, extensive wine list www.mortons.com	
Cafe Sienna	\$\$\$	Rock Bottom Restaurant and Brewery	\$\$\$
230 N. College Street (Located in the Holiday Inn Center City) (704) 602-2750 Mediterranean w/ daily lunch buffets www.caffesienacharlotte.com		401 N. Tryon Street (704) 334-2739 American Cuisine with on-site Brewery www.rockbottom.com	
Dandelion Market	\$\$\$	VIDA Mexican Kitchen	\$\$\$
118 W. 5 th Street (704) 333-7989 www.dandelionmarketcharlotte.com		210 East Trade Street Suite 104A Charlotte, NC 28202 Inside the EpiCentre (704) 971- 8432 www.VidaCantina.com	
BlackFinn American Saloon	\$\$\$	Aria Tuscan Grill	\$\$\$
210 E Trade Suite B-120 Charlotte NC 28202 Inside the EpiCentre (704) 971-4440 (704) 971-0522 www.blackfinncharlotte.com/index.php		100 N Tryon Street #10 – closed for lunch on weekends Actual location (corner of Trade and College) (704) 376-8880 www.ariacharlotte.com	

Enso Asian Bistro and Sushi Bar \$\$\$
210 E. Trade St. Suite A-108 28202
Closed for lunch on Sundays
(704) 716-3676
Inside the EpiCentre
ensocharlotte.com/

Howl at the Moon – dueling piano bar \$\$
210 E. Trade St. Suite A-340
Charlotte, NC 28202
Phone: (704) 936-howl
Fax: (704) 936-4699
3rd Floor of The EpiCentre – closed
Sunday and Monday
www.howlatthemoon.com

Kings Kitchen \$\$
129 W. Trade Street – closed for lunch
Saturday, closed Sunday
(704) 375-1990
www.kingskitchen.org

Jason’s Deli \$\$
Best salad bar in town and free ice cream!
Closed on weekends
210 E. Trade Street
Charlotte, NC 28202
Inside the EpiCentre
(704) 688-1004
www.jasonsdeli.com

Basil Thai \$\$
210 N Church St 28202 – closed for
lunch on weekends
(704) 332-7212
www.eatatbasil.com

Wild Wing Café \$\$
210 East Trade Street Suite D-262
Charlotte NC 28202
Inside the EpiCentre
(704) 716-9464
www.wildwingcafe.com

5Church \$\$\$
127 N Tryon St #8
704-9191-1322
www.5church.com

Whisky River \$\$
210 East Trade Street
Suite A-208
Charlotte, NC 28202
Inside the EpiCentre
(704) 749-1097
www.whiskyrivercharlotte.com

7th Street Public Market \$\$
224 E 7th Street
Charlotte, NC 28202
704-230-4346
Enclosed farmers market with food and
drink stands including fresh local
sandwiches, pizza, sushi, desserts, wine,
beer, and coffee.
www.7thstreetpublicmarket.com

Mert’s Heart and Soul \$\$
214 N. College Street – closed for lunch
on weekends
(704) 342-4222
Soul Food
www.mertsuptown.com

Ri-Ra The Irish Pub \$\$
208 N. Tryon Street
(704) 333-5554
Traditional and modern Irish Cuisine
www.rira.com

Libretto’s Pizzeria \$\$
210 E. Trade St. Suite D-164
Inside the EpiCentre
(704) 971-9088
www.einsteinbros.com

Soho Bistro	\$\$	Queen City Q	\$\$
214 N. Tryon Street Actual location (College St. across from Holiday Inn) (704) 333-5189 www.uptown2go.com		225 E. 6 th St. 28202 (704) 334-8437 www.queencityq.com/	
City Smoke	\$\$	Brixx Woodfired Pizza	\$\$
100 N. Tryon St. 28202 – closed Sundays (704) 376-2295 www.citysmokeclt.com/		225 E. 6 th Street (704) 347-2749 www.brixxpizza.com	
Mortimer's Café and Pub	\$\$	KO Sushi	\$\$
210 E. Trade St. Suite C-140 28202 (704) 688-0366 Inside the EpiCentre www.mortimerspub.com/		230 S. Tryon St. Suite R2 28202 – closed for lunch Saturdays and on Sundays (704) 372-7757 www.kosushiexpress.com/	
Starbucks Coffee	\$\$	Panera Bread	\$\$
101 N Tryon St 28246 (704) 377-2790 www.starbucks.com		201 S. College St. 28244 (704) 998-2074 www.panerabread.com/	
Fitzgerald's Irish Pub	\$\$	Starbucks Coffee	\$\$
201 E. 5 th St. 28202 (704) 900-8088 www.fitzgeraldscharlotte.com/		135 Levine Avenue of the Arts (704) 372-6114 www.starbucks.com	
Amelie's French Bakery	\$	Mellow Mushroom	\$\$
301 S Tryon Street Charlotte, NC 28202 704-899-0088 Very popular French bakery featuring food, pastries, wine and beer, and a very large seating area. Open 7am-10pm Sun-Thurs 7am-2am Friday and Saturday http://www.ameliesfrenchbakery.com		225 W. Martin Luther King Jr. Blvd. (704) 371-4725 www.mellowmushroom.com	
		American Roadside Burgers	\$
		440 S Church St (704) 335-3352 www.americanburgerco.com	
		Vapiano	\$
		201 S. Tryon St. 28202 Open 7 days a week for Lunch and Dinner (704) 332-2440 www.vapianointernational.com/vapiano/locations/us-locations/us-locations.html	

Energy Café \$
550 S Tryon St. #120 – closed for dinner
and on weekends
(704) 910-1094
www.energycafecharlotte.com/

Showmars \$
214 N. Tryon Street (*skywalk inside Hearst
Tower*) – closed for dinner and on
weekends
(704) 333-5833
www.showmars.com

Smoothie King \$
301 S College St, 2nd floor – closed
weekends
(704) 979-6911
Call ahead ordering and Delivery
www.showmars.com

FIVE GUYS burgers and fries \$
210 E. Trade Street
Charlotte, NC 28202
Inside the EpiCentre
(704) 971-0991
www.fiveguys.com

Fuel Pizza \$
214 N. Tryon St.
Actual location (College St. across from
Holiday Inn)
(704) 350-1680
www.fuelpizza.com

Brad's Coffee, Sandwiches, and Stew \$
200 S. College St. Suite 313 28202
Closed weekends
(Between 3rd and 4th Streets)
(704) 335-0063

The Pita Pit \$
214 N. Tryon St., unit 120
Actual location (College St. across from
Holiday Inn) closed Sundays
(704) 333-5856
www.pitapitusa.com

Hazlenuts Creperie \$
200 S. Tryon St. –closed for dinner
In the lobby between 3rd and 4th street
(704) 332-4015
www.hazelnutscreperie.com/

Phils New York Deli \$
105 E. 5th St. 28202
Take Out: (704) 347-0035
Fax: (704) 332-4015
philsny.com/philsny/Welcome.html

Hooters \$
123 W. Trade Street
(704) 333-4566
www.hooters.com

Jamba Juice \$
Bank of America Building in Founders Hall
Closed weekends
100 N. Tryon St. 28202
(704) 348-1444
www.jambajuice.com/

Redeye Diner \$
210 E. Trade Street
Charlotte, NC 28202
Inside the EpiCentre- OPEN 24 HOURS
(980)585-2867
www.redeuedinercharlotte.com

Grocery Stores

Harris Teeter (Uptown)
325 W . 6th St.
(704) 332-8479
6:00am - 11:00pm

Trader Joe's (1.6 mi)
1133 Metropolitan Ave. 28204
(704) 334-0737
Mon-Sun 8am - 9pm