

Restaurants

<p>Capital Grille \$\$\$\$</p> <p>201 N. Tryon Street Sales and Marketing: Jill Mohler (704) 348-1400 Upscale steak, seafood, extensive wine list www.thecapitalgrille.com</p>	<p>Ruth's Chris Steakhouse \$\$\$\$</p> <p>222 S. Tryon St. (704) 338-9444 www.ruthschris.com</p>
<p>McCormick & Schmick's Seafood \$\$\$\$</p> <p>(704) 377-0201 or (888) 344-6861 200 South Tryon Street Fresh fish & seafood as well as steak & chicken. www.mccormickandschmicks.com</p>	<p>BLT Steak \$\$\$\$</p> <p>110 N. College St. 28202 – closed for dinner on Sundays (704) 972-4380 www.ritzcarlton.com/en/Properties/Charlotte/Dining/BLTSteak/Default.htm</p>
<p>Cafe Sienna \$\$\$</p> <p>230 N. College Street (Located in the Holiday Inn Center City) (704) 602-2750 Mediterranean w/ daily lunch buffets www.caffesienacharlotte.com</p>	<p>Morton's The Steak House \$\$\$\$</p> <p>227 W. Trade Street, Suite 150 (704) 333-2602 Upscale, steak & seafood, extensive wine list www.mortons.com</p>
<p>Dandelion Market \$\$\$</p> <p>118 W. 5th Street (704) 333-7989 www.dandelionmarketcharlotte.com</p>	<p>Rock Bottom Restaurant and Brewery \$\$\$</p> <p>401 N. Tryon Street (704) 334-2739 American Cuisine with on-site Brewery www.rockbottom.com</p>
<p>BlackFinn American Saloon \$\$\$</p> <p>210 E Trade Suite B-120 Charlotte NC 28202 Inside the EpiCentre (704) 971-4440 (704) 971-0522 www.blackfinncharlotte.com/index.php</p>	<p>VIDA Mexican Kitchen \$\$\$</p> <p>210 East Trade Street Suite 104A Charlotte, NC 28202 Inside the EpiCentre (704) 971- 8432 www.VidaCantina.com</p>
<p>5Church \$\$\$</p> <p>127 N Tryon St #8 704-9191-1322 www.5church.com</p>	<p>Aria Tuscan Grill \$\$\$</p> <p>100 N Tryon Street #10 – closed for lunch on weekends Actual location (corner of Trade and College) (704) 376-8880 www.ariacharlotte.com</p>

Essex	\$\$	Stoke	\$\$
101 S Tryon Street Suite 14 (980) 406-3857 www.essexnc.com		100 W Trade Street (704) 353-6005 www.stokecharlotte.com	
Duckworth's Grill and Taphouse	\$\$	Whisky River	\$\$
330 N. Tryon Street (980) 939-1166 www.uptown.duckworths.com		210 East Trade Street Suite A-208 Charlotte, NC 28202 Inside the EpiCentre (704) 749-1097 www.whiskyrivercharlotte.com	
Cantina 1511	\$\$	7th Street Public Market	\$\$
206 N Tryon Street (980) 201-9977 www.cantina15eleven.com/uptown		224 E 7 th Street Charlotte, NC 28202 704-230-4346 Enclosed farmers market with food and drink stands including fresh local sandwiches, pizza, sushi, desserts, wine, beer, and coffee. www.7thstreetpublicmarket.com	
Howl at the Moon – dueling piano bar	\$\$	Mert's Heart and Soul	\$\$
210 E. Trade St. Suite A-340 Charlotte, NC 28202 Phone: (704) 936-howl Fax: (704) 936-4699 3rd Floor of The EpiCentre – closed Sunday and Monday www.howlatthemoon.com		214 N. College Street – closed for lunch on weekends (704) 342-4222 Soul Food www.mertsuptown.com	
Kings Kitchen	\$\$	Ri-Ra The Irish Pub	\$\$
129 W. Trade Street – closed for lunch Saturday, closed Sunday (704) 375-1990 www.kingskitchen.org		208 N. Tryon Street (704) 333-5554 Traditional and modern Irish Cuisine www.rira.com	
Jason's Deli	\$\$	Libretto's Pizzeria	\$\$
Best salad bar in town and free ice cream! Closed on weekends 210 E. Trade Street Charlotte, NC 28202 Inside the EpiCentre (704) 688-1004 www.jasonsdeli.com		210 E. Trade St. Suite D-164 Inside the EpiCentre (704) 971-9088 www.einsteinbros.com	
Basil Thai	\$\$		
210 N Church St 28202 – closed for lunch on weekends (704) 332-7212 www.eatatbasil.com			

Soho Bistro	\$\$	Queen City Q	\$\$
214 N. Tryon Street Actual location (College St. across from Holiday Inn) (704) 333-5189 www.uptown2go.com		225 E. 6 th St. 28202 (704) 334-8437 www.queencityq.com/	
City Smoke	\$\$	Brixx Woodfired Pizza	\$\$
100 N. Tryon St. 28202 – closed Sundays (704) 376-2295 www.citysmokeclt.com/		225 E. 6 th Street (704) 347-2749 www.brixxpizza.com	
Mortimer's Café and Pub	\$\$	KO Sushi	\$\$
210 E. Trade St. Suite C-140 28202 (704) 688-0366 Inside the EpiCentre www.mortimerspub.com/		230 S. Tryon St. Suite R2 28202 – closed for lunch Saturdays and on Sundays (704) 372-7757 www.kosushiexpress.com/	
Starbucks Coffee	\$\$	Panera Bread	\$\$
101 N Tryon St 28246 (704) 377-2790 www.starbucks.com		201 S. College St. 28244 (704) 998-2074 www.panerabread.com/	
Fitzgerald's Irish Pub	\$\$	Starbucks Coffee	\$\$
201 E. 5 th St. 28202 (704) 900-8088 www.fitzgeraldscharlotte.com/		135 Levine Avenue of the Arts (704) 372-6114 www.starbucks.com	
The Local	\$\$	Mellow Mushroom	\$\$
105 E. 5 th St. 28202 (704) 347-0035 www.thelocalcharlotte.com		225 W. Martin Luther King Jr. Blvd. (704) 371-4725 www.mellowmushroom.com	
Amelie's French Bakery	\$	American Roadside Burgers	\$
301 S Tryon Street Charlotte, NC 28202 704-899-0088 Very popular French bakery featuring food, pastries, wine and beer, and a very large seating area. Open 7am-10pm Sun-Thurs 7am-2am Friday and Saturday http://www.ameliesfrenchbakery.com		440 S Church St (704) 335-3352 www.americanburgerco.com	
		Vapiano	\$
		201 S. Tryon St. 28202 Open 7 days a week for Lunch and Dinner (704) 332-2440 www.vapianointernational.com/vapiano/locations/us-locations/us-locations.html	

Energy Café \$
550 S Tryon St. #120 – closed for dinner
and on weekends
(704) 910-1094
www.energycafecharlotte.com/

Showmars \$
214 N. Tryon Street (*skywalk inside Hearst
Tower*) – closed for dinner and on
weekends
(704) 333-5833
www.showmars.com

Smoothie King \$
301 S College St, 2nd floor – closed
weekends
(704) 979-6911
Call ahead ordering and Delivery
[/www.smoothieking.com/](http://www.smoothieking.com/)

FIVE GUYS burgers and fries \$
210 E. Trade Street
Charlotte, NC 28202
Inside the EpiCentre
(704) 971-0991
www.fiveguys.com

Fuel Pizza \$
214 N. Tryon St.
Actual location (College St. across from
Holiday Inn)
(704) 350-1680
www.fuelpizza.com

Which Wich \$
101 S Tryon St Suite 18 – inside the
overstreet mall
(704) 503-9192
www.whichwich.com

The Pita Pit \$
214 N. Tryon St., unit 120
Actual location (College St. across from
Holiday Inn) closed Sundays
(704) 333-5856
www.pitapitusa.com

Hazlenuts Creperie \$
200 S. Tryon St. –closed for dinner
In the lobby between 3rd and 4th street
(704) 332-4015
www.hazelnutscreperie.com/

Chicken Salad Chick \$
101 S Tryon St, Suite 10 – inside the
overstreet mall
(704) 333-4566
www.chickensaladchick.com/

Hooters \$
123 W. Trade Street
(704) 333-4566
www.hooters.com

Jamba Juice \$
Bank of America Building in Founders Hall
Closed weekends
100 N. Tryon St. 28202
(704) 348-1444
www.jambajuice.com/

Redeye Diner \$
210 E. Trade Street
Charlotte, NC 28202
Inside the EpiCentre- OPEN 24 HOURS
(980)585-2867
www.redeuedinercharlotte.com

Grocery Stores

Harris Teeter (Uptown)
325 W . 6th St.
(704) 332-8479
6:00am - 11:00pm

Trader Joe's (1.6 mi)
1133 Metropolitan Ave. 28204
(704) 334-0737
Mon-Sun 8am - 9pm